

## Riverbluff Discipleship Counseling Center

The RDCC was established as a ministry of Riverbluff Church to provide Christ-Centered professional counseling to individuals, couples and families in the greater Charleston area who are interested in finding strategies for solving the issues and struggles in their lives in order to draw them closer to God and his plan for them.

The center will work with each individual to identify the appropriate form of assistance and assign a counselor based on agreement between the counselor and those seeking services from the center. During the initial consultation you'll get the opportunity to share your story, assess if the type of services we provide is what you're looking for, learn about other resources that might help you in your journey, and establish goals. After the initial consultation, you can make the decision if you would like to continue the journey together.



### Our Mission

Helping to identify, address, and resolve issues that keep people from growing in their relationship with Christ and experiencing the life God intends for us.

## Riverbluff

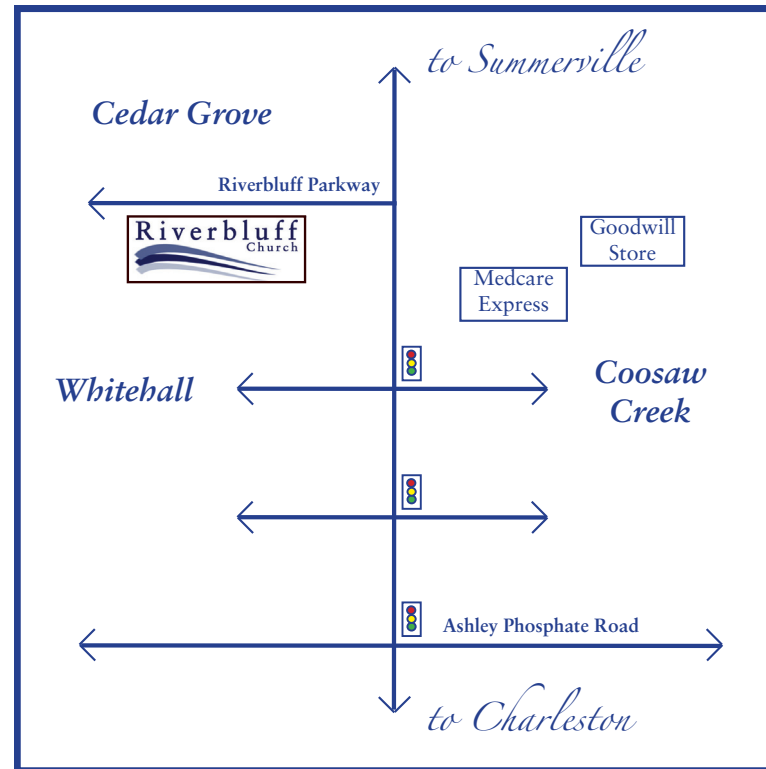
Discipleship Counseling Center

5421 Riverbluff Parkway  
N. Charleston, SC 29420

Phone: 843.300.0440

Fax: 843.266.0573

[www.riverbluff.org](http://www.riverbluff.org)



### Find Us

The RDCC is located inside Riverbluff Church at 5421 Riverbluff Parkway in North Charleston. The church is off Dorchester Road inside the White Hall Subdivision.

# Riverbluff

Discipleship Counseling Center

*All scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It straightens us out and teaches us to do what is right. - 2 Timothy 3:16 (NLT)*



“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

*Jeremiah 29:11 (NIV)*

## What is Christ-Centered Counseling?

It is our belief that a relationship with Christ provides the direction that is necessary to work through our problems and challenges in life. We believe that the combination of counseling - or walking with someone through a difficult season - along with the strength and power that comes from applying God's word is what differentiates Christ-Centered counseling from other approaches to counseling.



The RDCC endeavors to combine the power of Christ with the process of counseling in an effort to help clients align their lives with the Word of God and experience the abundant life promised to all believers by Jesus.

At the RDCC you will have someone who will listen to you. We believe in grace. We also take seriously the commandment of Christ to bear each other's burdens and to speak truth in love.

We will provide not only trained professional counselors with a variety of experiences and specialties; we also will provide encouragement, prayer and spiritual guidance. We believe that with Christ's help every individual, couple and family can experience healing and growth no matter how difficult your situation or how broken your circumstances appear. It is our commitment to provide counseling for every person who is committed to change and growth regardless of their religious affiliation, race or financial status. We are also committed to providing sound Biblical counsel and assisting clients with understanding how to apply God's word to their specific situation.

## What Kind of Issues Are Addressed?

The RDCC offers professional counseling for a variety of different people on a variety of different topics, including:

**Individual Counseling**  
**Marriage Counseling**  
**Family Counseling**  
**Adolescent Counseling**  
**Children's Play Therapy and Counseling**  
**Premarital Counseling**  
**Relationship Counseling**  
**Grief Counseling**  
**Crisis Counseling**  
**Abusive Relationships**  
**Making Peace with Childhood Issues**  
**Dealing with Depression and Guilt**  
**Overcoming Anxiety and Fear**  
**Freedom from Drug and Alcohol Problems**

**It is for freedom that Christ has set us free... It is for freedom that Christ has set us free... It is for freedom that Christ has set us free... Galatians 5:1**



For many of us who are “in Christ” we know what Jesus did for us on the cross, but we're not experiencing the life that Christ promised. We believe with our heads but our hearts are filled with hurt and pain that can keep us from truly living in that freedom.

The counselors at the RDCC are equipped to help you explore the areas of your life where you are not experiencing the joy and peace that God desires for his children. They will use scripture and Biblical truths to help you replace negative and destructive beliefs and patterns that keep you from living in complete freedom in Christ.

## Appointments

You can make your first appointment for an in-take consultation by calling 843.300.0440. You can leave a message and someone will call you back to set-up your first appointment or you can e-mail us at [counseling@riverbluff.org](mailto:counseling@riverbluff.org). All sessions are 50 minutes except for the first session, which is 80 minutes. Intake paperwork is available online or can be e-mailed to you prior to the first session.

Appointments are available Monday through Friday between 9:00 am and 4:30 pm. Evening appointments are available on a limited basis and are made only by request.



## Fees

The RDCC operates on a fee-for-service basis. For many individuals, your insurance can assist you with the payment. There is a limited scholarship fund that has been established; however, it is our belief that each individual must invest in the counseling experience in order to truly benefit. We are committed to providing counseling for anyone who is committed to change and growth regardless of their ability to pay for services. Please speak to the in-take specialist about our fee schedule.

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